

## Educators' EAP | Get a summer skills boost!

Educators' EAP <clientservice@theeap.com>

Thu 7/13/2023 1:00 PM

To:Elena Maskell <emaskell@rhcsd.org>

**CAUTION:** This email originated from outside of the organization and may contain harmful content. If the sender name matches district personnel do not respond to the message and immediately notify the IT department.

### *Please Share with Your Employees!*

Hello,

Why not set aside a little time to supercharge your skills over the summer? And we do mean a *little* time – we have thousands of microlearning courses in short video formats of under 10 minutes. And because they are online 24-7, you can take them anywhere, anytime – even on the beach or by the pool!

Here's a refresher on some of the training options you have through your EAP: **Please note: You must be logged in to the EAP website to access the links/resources below.**

- **Personal & Professional Development Trainings** – Thousands of free online personal & professional development trainings on work skills, wellness, technology, communication, and more. ([Log in and click the Training Center tile](#))
- **Financial Fitness Center** – Learn about money matters, from budgeting to investing. ([Log in and click the Personal Finance & Education Center tile](#))
- **Self-Help Resource Center** – Take webinars, watch videos, use online calculators, and explore thousands of topics online with your EAP.

Log in to [www.theEAP.com/Educators-EAP](http://www.theEAP.com/Educators-EAP). Not sure where to start? Let us help. Call us at 800-252-4555 to talk over your options with a Counselor or a Coach.



800.252.4555

[www.theEAP.com/Educators-EAP](http://www.theEAP.com/Educators-EAP)

Clients of ESI Employee Assistance Group have received this email to relay information about the employee assistance benefits for your organization. The EAP is a confidential benefit available to you, your employees and their family members.